FEATURES

More Than a Good Snooze
Dormez-vous? The sandman's visits have a lot to do with our mental health.

Cover Story by David R. Eltz

Elephants in the Courtroom
Tragically disturbed children are swamping the juvenile justice system, and they aren't getting the treatment they need. Elizabeth Caffman sounds the alarm.

By Josie Fisher

Drowning in Their Own Blood
Guards at Fifth Avenue and Bigelow Boulevard prevented anyone from entering or leaving when the 1918 influenza stampeded through Pittsburgh.

By Edwin Kiestler Jr.

Carefully Tended
These surgeons aren't about to forget about the little guy, or girl.

By Dottie Horn

Healing Families
Even if the operation goes well, in all likelihood the struggles aren't over for seriously ill children and their families once they leave the hospital. Pediatric surgeon Edward Barksdale Jr. helped found an agency to support them.

Follow-up by Jason Togyer

CONTRIBUTORS

JASON TOGYER—[“Healing Families” and “Drumming Up Answers”] If you tune into Jason Togyer’s WRTF oldies show on a Saturday morning, don’t expect to hear Elvis’ version of “Hound Dog,” expect Big Mama Thornton’s instead. This jockey is dedicated to original artists. Togyer, Pitt Med’s new senior editor, is a bit of a purist, which is evident in the way he wields a red grease pencil on our alumni section. You might recognize his byline from his career with the Pittsburgh Tribune-Review; he has adapted easily to his recent foray into the world of magazines. Last year, writing for Pitt Magazine, he garnered the Bronze Anvil award. DAVID POHL—[Cover and “More Than a Good Snooze”] An illustrator interested in Eastern spirituality and the impermanence of life, Pohl often creates art out of materials that will not last—leaves, Goldfish crackers, a tiny bird skull. He regularly shows his art in galleries and is also a commercial illustrator, completing nearly 1,000 commissioned pieces in the past 12 years. His client list includes The New York Times and The Atlantic. See his work at www.davidpohl.com.

COVER

Bring me a dream: Western Psychiatric Institute and Clinic researchers keep finding links between sleep and our mental and emotional health. They can even explain why your teenager won’t go to bed, or at least begin to explain. (Illustration: David Pohl)